

How Can You Use A Medical Intuitive?

A medical intuitive has the gift of being able to see the energy system of the body. The premise is that how we think and feel runs the energy in the body. The most common use of an intuitive is to identify the psychological and spiritual issues underlying a particular illness.

How can a medical intuitive be a part of your healthcare team?

- Help to identify mental emotional issues.
 - Discern the harmony between treatments and the individual energy system.
 - Identify issues on a soul level underlying a condition.
- As an individual you can consult a medical intuitive to enhance the treatment of either a chronic or acute illness by obtaining more information about how certain feelings, beliefs, and events in your life stopped or interrupted the flow of energy in your body. This information can then be utilized to heal on a deeper level, while obtaining the medical treatment.

As a naturopathic physician, I am beginning to discover how I can utilize the gifts of a medical intuitive to enhance and refine the treatment of my

patients. I first began to consult a medical intuitive with individuals diagnosed with cancer. Once acute treatment is complete, the individual is seeking care to address the various causes of imbalance. During this process, I had the intuitive sense that different botanicals and supplements had a lifespan of usefulness. To further individualize care, I wanted to refine treatment to dosages most appropriate to the individual's energy system. The medical intuitive can utilize her various tools to discern which botanicals or supplements within the treatment plan are most useful in the present. She can also determine if there is a particular ingredient in the capsule or preparation that negatively affects the individual. Since the medical intuitive can also see inside the body, she

can see for example a spot on the abdomen in a breast cancer patient. This information can then be checked medically. As a physician, I am directing the care, utilizing regular medical tests and optimizing treatment by using subtle, individual information provided by the medical intuitive to provide the best care possible.

A patient plagued with painful ovarian cysts came into the office. She had surgery and the cysts kept returning with a vengeance. It is the nature of the ovaries to form and reabsorb physiological cysts. This individual is a talented musician who gave up expressing her music to work at a job she loathed. The creative flow became blocked and took the form of cysts. For this individual the treatment is to sing and express her creativity.

When working with

a patient who has Hashimoto's, I look to balance the immune system by looking at which side of the immune system is out of balance, the TH-1 or TH-2 pathway. I can either run an expensive test, not covered by insurance, to determine the imbalance, or give the patient a sample of botanicals to test one side and see if she has a negative reaction. If she does, then I can give another sample of botanicals to test the other side. The third option is to get this information from an intuitive.

Recently, I was treating a Hashimoto's patient with herbs that would directly calm her immune system. This individual was not responding well and after confirmation that the formula did not work for this patient, we looked at each individual herb to see which herb was not in harmony with her body.

This information allows me to create a new formula more suited to this person's energy and physiology.

Finally, on a soul level, is it possible that we draw to ourselves a certain condition to learn and evolve in some way? Can an illness be a source of transformation?

Two illnesses come to mind, cancer and heart disease, both potential killers. A diagnosis of cancer often brings us to a place of facing life and death and consequently to ask what is meaningful in my life? The diagnosis may be the beginning of a journey back to our authentic selves. Heart disease often sends a panic through our heart as we take note of our relationship to loved ones, work, and often a life of doing too much. Again the question is asked, what is meaningful? What are my priorities? Is there a grief I am avoiding? Perhaps the deepest transformation of the heart is surrendering to love.

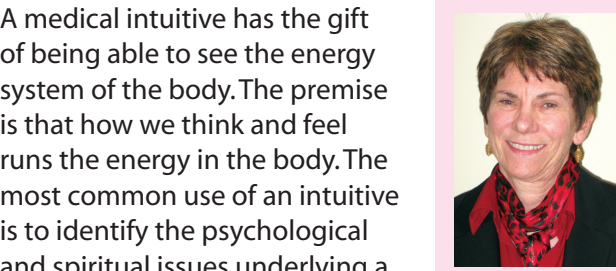
We live in a world that is constantly changing and filled with emotional events. Each of us does the best that we can to respond to our environment given our genetics, family and economic background and lessons we have decided to learn in our lives. When an illness or crisis shows up in our life, it may be a gift. What if we lived our lives from the point of view that there are no negative

events, that everything in life gives us an opportunity to make a choice to grow and evolve?

What is most important to me as a healthcare provider is the care of my patients. To this end, I embrace a competent medical intuitive to assist me in refining care. A medical intuitive has been blessed with a gift. She offers the often absent right brain perspective that helps to refine the art of medicine. The stronger and broader the healthcare team, the more resources we have available to serve our patients and to grow in our own respective professions.

I would like to thank Boston Carter for her contribution as a medical intuitive to the care of my patients. Boston can be reached at: (206) 799-6153 or visit her website at www.NowAgeKnowledge.com.

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